



Treatment Policies

Payments

Payment is required at time of service by Cash, Check, Credit Card or Flex spending card.

Unfortunately, Myofascial Release is not (to my knowledge) covered by most insurance carriers.

I encourage you to confirm with your Insurance Company as some insurances are beginning to provide massage as preventative care.

Myofascial Release is covered in vehicle claims as a result of Auto Accident. If you are seeking treatment as a result of Auto Accident, **YOU MUST** inform me prior to treatment to ensure correct documentation is sent to your Insurance carrier.

Appointments

I'm excited you have taken the opportunity to make your health a priority!

I TAKE YOUR CARE VERY SERIOUSLY and I value the importance of your decision. Therefore **your** appointment time has been created and time allocated for **you**.

Preparation for your session happens long in advance of your arrival. In order for me to spend quality time helping you achieve your goals, please honor my time and energy by being accountable for the session you have requested.

If for any reason you are unable to keep your appointment time, I ask for the courtesy of 24-hour prior notice to your appointment. This will enable me to better assist other clients who may be on my cancellation list. In the event of not being notified within this time period a \$25 cancellation fee will result. (Consideration is given to needing to cancel an appointment at short notice (within 2 hours) on a case by case basis without incurring a \$25 cancellation fee)

If an appointment is not cancelled at all and results in a No-show, you will be charged \$90 per hour for the time which was **allocated for you**. All fees are due before booking next appointment.

Reminders

You will receive a phone reminder 3 days before your appointment AND a text message 1 day before your appointment. If you do not wish to receive these reminders, please inform the front office staff at Cura or send an email to info@gillianhansen.com

Cell Phones and other media devices

Please keep cell phones on DO NOT DISTURB during your appointment.

You will be expected to fully present during your session and devices create a distraction undermining the value of your session.